

# 2014 Fall Tennis Classes

## Watchung Recreation

Hot Shots Tennis is offering (1) six week class on Sunday afternoons for one hour at Mobus Field in Watchung. **Classes are for children ages 4 -14.** Groups are based on age and ability. Children will enjoy learning the basics of tennis through drills and games. Children will also have fun building motor and social skills by playing group tennis games. Advance strokes and the rules of tennis will also be introduced. The cost is \$140.00 per session. **SPACE IS LIMITED.** All participants must have their own tennis racquets, water and sneakers.

Please fill out the following registration information and mail with payment to (payable to Joli Tormey): Joli Tormey 28 Spencer Lane, Watchung, NJ 07069. Any questions please call Joli Tormey at (908) 727-0011.

**Please note: NO MAKE-UPS OR REFUNDS.** Cancellations due to bad weather will be rescheduled.

FALL TENNIS - September 21, 28 October 5, 12, 19, 26 Cost \$140.00

Please keep top section for your records and mail bottom portion to Debbie Gresh

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Please check class attending.

\_\_\_\_\_ 3:00pm – 4:00pm (ages 4 – 5)

\_\_\_\_\_ 3:00pm – 4:00pm (ages 6-7)

\_\_\_\_\_ 4:00pm – 5:00pm (ages 8– 10)

\_\_\_\_\_ 4:00pm – 5:00pm (ages 11-14)

\_\_\_\_\_ **Fall TENNIS** – Sept. 21, 28 Oct. 5, 12, 19, 26 Cost \$140.00 (registration deadline September 17, 2014)

Name \_\_\_\_\_ Age \_\_\_\_\_ Grade \_\_\_\_\_

Address \_\_\_\_\_ Town \_\_\_\_\_ Zip \_\_\_\_\_

Home Phone \_\_\_\_\_ Parent(s) Name \_\_\_\_\_

Parents Cell Phone # \_\_\_\_\_

Allergies and or medical conditions: \_\_\_\_\_

Emergency Contact \_\_\_\_\_ Phone # \_\_\_\_\_ Relation \_\_\_\_\_

Amount enclosed \$ \_\_\_\_\_ Email: \_\_\_\_\_

Parent Signature \_\_\_\_\_ Date \_\_\_\_/\_\_\_\_/\_\_\_\_

**Please note: NO MAKE-UPS OR REFUNDS unless class is canceled due to rain** This permission constitutes release of liability on the part of the Borough of Watchung and/or any of their employees for any accident, injury or any damage or loss incurred in this activity or any part of this program. I realize that I will be held liable for any damage my child may cause to the courts. **I hereby give my child permission to participate in this program.**

# Adult 2014 Fall Tennis Classes

## Watchung Recreation

Hot Shots Tennis is offering (1) six week class on Thursday mornings for one hour at Mobus Field in Watchung. **Classes are for adults** looking to learn tennis or improve their tennis game. Participants will enjoy learning/improving your footwork, ground strokes, volleys, over heads and specialty shots (such as slicing, etc.) through productive drilling. There will be some strategy learning through point playing.

Classes are Thursdays September 18, October 2, 9, 16, 23, 30 from 9:30am to 10:30. The cost is \$140.00 per session. **SPACE IS LIMITED.** All participants must have their own tennis racquets, water and sneakers.

Please fill out the following registration information and mail with payment to (payable to Joli Tormey): Joli Tormey 28 Spencer Drive, Watchung, NJ 07069. Any questions please call Joli Tormey at (908) 727-0011.

**Please note: NO MAKE-UPS OR REFUNDS.** Cancellations due to bad weather will be rescheduled.

FALL TENNIS – September 18, October 2, 9, 16, 23, 30. Cost \$140.00

Please keep top section for your records and mail bottom portion to Joli Tormey

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Please check class attending.

\_\_\_\_\_ **Fall Tennis** – Sept.18, October 2, 9, 16, 23, 30 Cost \$140.00 (registration deadline September 12, 2014)

Name \_\_\_\_\_ Age \_\_\_\_\_ Grade \_\_\_\_\_

Address \_\_\_\_\_ Town \_\_\_\_\_ Zip \_\_\_\_\_

Home Phone \_\_\_\_\_ Parent(s) Name \_\_\_\_\_

Parents Cell Phone # \_\_\_\_\_

Allergies and or medical conditions: \_\_\_\_\_

Emergency Contact \_\_\_\_\_ Phone # \_\_\_\_\_ Relation \_\_\_\_\_

Amount enclosed \$ \_\_\_\_\_ Email: \_\_\_\_\_

Parent Signature \_\_\_\_\_ Date \_\_\_\_ / \_\_\_\_ / \_\_\_\_

**Please note: NO MAKE-UPS OR REFUNDS unless class is canceled due to rain** This form constitutes release of liability on the part of the Borough of Watchung and/or any of their employees for any accident, injury or any damage or loss incurred in this activity or any part of this program. I realize that I will be held liable for any damage I may cause to the courts.

# Warren Fall Tee-Ball

Tuesdays at 6PM  
Sept 9th to Oct 28th



Tee Ball league will focus on developing basic throwing, catching, and hitting skills. Focus is on learning rather than competition. One hour game per week & 8 game season.

Questions- Contact  
[officers@warrenbaseballsoftball.com](mailto:officers@warrenbaseballsoftball.com)



# Individual Player Evaluation Date & Schedule

by **Mike Ohlson** posted 08/28/2014

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## **Fall Baseball - Individual Player Evaluations**

Thank you to all the players who have signed up for our Fall Baseball program. We are in the process of finalizing our list of managers and will be forming teams immediately following our player evaluations.

In order to balance the teams, evaluations are important to ensure we are able to form balanced teams.

### **When & Where?**

Thursday, 9/4 - 5:00 PM - 7:15 PM

**Phillips Field**

**65 Brookdale Rd**

**Watchung, NJ 07069**

**ATTENTION: To enter park you must go down a little dirt road across a single lane bridge at corner of Brookdale Rd and Stirling road,**

(rain date will be Friday, 9/5)

In the event of rain, please check the website for cancelation details.

### **Who attends evaluations & what should they bring?**

Individually registered players in- Rookie, Minor & Major Divisions

Players need- Bat, Helmet, Glove & Cleats

**Arrival Time for Players** (If you cannot make the specific time slot please come when you can make it)

**Rookie-** 5:00 PM to 5:30 PM

### **Minors & Majors-**

Last name A to G- 5:30 PM to 6:00 PM

Last name H to R- 6:00 PM-6:30 PM

Last Name S to Z- 6:30 PM - 7:00 PM

### **What if my child cannot attend?**

In the event that you are unable to attend, your child will still be placed on a team. Please email our Fall Ball Director to let him know that your child will not be at the evaluations.

### **Questions?**

For questions, please contact our

Fall Ball Director- (**[officers@warrenbaseballsoftball.com](mailto:officers@warrenbaseballsoftball.com)**)



## The Watchung Hills Wrestling Association 2014-15 Wrestling Season Online Registration

Go to: [www.leaguelineup.com/whwa](http://www.leaguelineup.com/whwa)

**Registration Opens August 4<sup>th</sup> 2014 & Closes Saturday October 4<sup>th</sup> 2014**

*Late Registration Fees will apply starting October 4<sup>th</sup>, 2014*

\*Apparel orders will be processed on or about the 1st week of October. Late fees will apply to later orders.  
Late apparel orders will not arrive until late December after the season has started.

### General Program Information:

- Our program was developed to provide a healthy environment for local kids to learn the fundamentals of wrestling and competition.
- All boys grade K thru 8th in Warren, Watchung, Long Hill & Green Brook are eligible to participate

### PROGRAM Levels:

**Pee Wee Program** - for wrestlers grades K & 1st      *Registration Fee: \$75.00*  
**Midget Program** - for wrestlers grades 2nd - 6th      *Registration Fee: \$200.00*  
**Middle School Program** - for wrestlers grades 7th & 8th      *Registration Fee: \$285.00*

- The Pee Wee wrestling program is an introduction for both child and parent into the sport of wrestling. The program is 5 weeks long with 10 practices followed by a yearend novice tournament. Each practice will consist of a one hour class, twice a week, during the months of November and December
- The Midget & Middle School wrestlers will participate in the Central Jersey (CJ) and Raritan Valley (RV) Midget Wrestling Leagues (2nd - 6th grades) and the NJ Grade School League (5th - 8th grades)
- Practice will be held between 1-3 days a week depending on the child's level. **SCHEDULE TO FOLLOW AFTER REGISTRATION** - Visit our Practice Schedule page on our web site ([www.leaguelineup.com/whwa](http://www.leaguelineup.com/whwa)) Practices will begin on or about the last week in October or first week in November.
- Wrestlers are matched according to weight only for CJ, RV and NJ grade School leagues
- Our staff consists of former high school and collegiate wrestling champions. Head Coaches are certified by the USA Wrestling. Coaches have a Rutgers' coaching certification & are trained in CPR and basic first aid.
- Season extends from November through Late February.
- For questions about the program, please contact *Waller Lee* at: [julieandwaller@yahoo.com](mailto:julieandwaller@yahoo.com)

### Registration Fees:

- The program registration fee includes a team T-shirt, applicable referee fees, various League fees, Middle School usage fees, High School usage fees, Membership fee for USA Wrestling (required), USA wrestling newsletter and it also includes a *Singlet rental fee for kids in 2nd thru 8th grade. Each wrestler will need to provide a \$65.00 deposit for a singlet, your individual deposit will be collected during the uniform hand-out.*
- A singlet is required per league rules when wrestling a match (not required at Pee Wee level) each child must have wrestling head gear and wrestling shoes. Optional apparel for purchase / warm - up suit (WH sweatshirt & fight shorts).

### **Join Now!**

*Be a part of one of the most successful athletic programs at the WH Regional High School*

Warren Township  
46 Mountain Boulevard  
Warren, New Jersey 07059  
(908) 753-8000

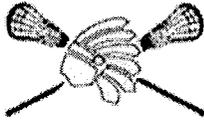


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Warren Township | 46 Mountain Boulevard | Warren | NJ | 07059



HILLS LACROSSE CLINIC  
FOR BOYS Grades 5<sup>th</sup> to 8<sup>th</sup>

The Hills Lacrosse Club will be holding a skills and scrimmage clinic for boys grades 5-8 on Saturday afternoons from 2:30pm to 4pm at Pop Warner on the turf from September 20<sup>th</sup> until October 25<sup>th</sup>.

All boys in the Watchung Hills sending district that are in the appropriate grade are welcome to attend.

The clinic will be split between skill development and small games and scrimmages.

There will be a \$100 fee to participate and all Participants will be required to register at the Hills Lacrosse website, [www.thehillslacrosse.org](http://www.thehillslacrosse.org) Registration will open on Sept 3<sup>rd</sup>. Go to the register here tab and follow the procedures.

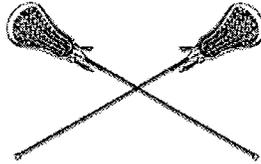
All Participants will be required to register w US Lacrosse (please note there is a fee associated with this that does not benefit Hills Lacrosse).

Full equipment is required.

Equipment purchases can be made at Universal Lacrosse 41 S Rt 206 Raritan NJ 908-526-0584.

We look forward to seeing you on the field this fall. If you have any questions please contact Pete Brady at [ptebrady@optonline.net](mailto:ptebrady@optonline.net)

Go Hills!!





**FREE HILLS LACROSSE CLINIC  
FOR BOYS - Grades K-4 and  
GIRLS - Grades 1-5**

The Hills Lacrosse Club will be holding Free clinics for girls grades 1-5 and boys grades K-4 on Saturday afternoons from 4pm to 5:30pm at Pop Warner on the turf this September and October.

Boys Clinics will be Sept 13<sup>th</sup>, Sept 20<sup>th</sup>, Oct 4<sup>th</sup>, and Oct 18<sup>th</sup>.  
Girls Clinics will be Sept 27<sup>th</sup>, Oct 11<sup>th</sup>, and Oct 25<sup>th</sup>.

All girls and boys in the Watchung Hills sending district are welcome to attend.

There will be an emphasis placed on skill development and learning the basics of the game to prepare players for the travel program and to stimulate their interest in the sport.

All Participants will be required to register at the Hills Lacrosse website, [www.thehillslacrosse.org](http://www.thehillslacrosse.org)

Go to the register here tab and follow the procedures.

All Participants will be required to register w US Lacrosse (please note there is a fee associated with this that does not benefit Hills Lacrosse).

All Participants in the girls clinic will be required to have a stick, goggles, and a mouthpiece. Participants in the boys clinic are encouraged to have a stick, gloves, and a helmet. Equipment rentals are available on a limited basis for a fee. Please contact Coach Rich Burton at [rdburton25@gmail.com](mailto:rdburton25@gmail.com) for rentals. There will be a break-out group for boys who only have a stick so that they can try the sport as well.

Equipment purchases can be made at Universal Lacrosse 41 S Route 206 Raritan NJ 908-526-0584.

The aim of the clinic is to provide a fun atmosphere for children to experience "The fastest game on 2 feet." Anyone in the 1<sup>st</sup> to 5<sup>th</sup> grades within the Hills sending district, including current travel players are welcome to attend.

We look forward to seeing you on the field this fall. If you have any questions please contact Pete Brady at [ptebrady@optonline.net](mailto:ptebrady@optonline.net)

Go Hills!!