

Watchung Recreation Presents

MR. B'S

SPORTS CAMP

When: October 3rd, 2016
Time: Morning Session 9:00 AM to 12:00 PM
Afternoon Session 12:30 PM to 3:30 PM
Where: Valley View Middle School
Who: Any student in 4th through 8th grade
Cost: \$50 per session
\$85 for both sessions

MORNING SESSION

Our morning session will focus on basketball. The campers will be taught the rules and fundamentals of the game through drills, game situations, and actual games. The instruction will focus on numerous skills including, man to man defense, zone defense, ball handling, passing, lay-ups, shooting, screening, how to use a screen, court awareness/spacing, and communication. Additionally, campers will be shown conditioning exercises designed to improve motor skills and athleticism.

AFTERNOON SESSION

Our afternoon session will focus on FUN! Campers will spend their time PLAYING a variety of games including volleyball, European handball, rabbit/hunter, dodge football, indoor 3 on 3 football, "Paintball", and more.

Lunch will not be offered but campers can bring food, drinks, and snacks to camp.

CAMPER REGISTRATION

NAME _____ **GRADE** _____

EMERGENCY CONTACT _____

EMAIL _____

(CHECK ONE PLEASE)

MORNING SESSION (\$50) _____

AFTERNOON SESSION (\$50) _____

BOTH (\$85) _____

CHECKS PAYABLE TO WATCHUNG RECREATION.

**EMAIL MR. B AT
MRBSBASEBALLCAMP@YAHOO.COM TO LET HIM
KNOW YOU PLAN ON ATTENDING AND BRING
THE REGISTRATION/PAYMENT TO CAMP.**

WALK INS ARE WELCOME!!!!

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**HEALTH CERTIFICATE STATEMENT: I HEARBY CERTIFY THAT MY
SON/DAUGHTER IS IN GOOD PHYSICAL HEALTH AND MAY PARTICIPATE IN
ALL CAMP ATHLETIC ACTIVITIES.**

Parents Signature _____ **Date** _____

I hereby give my child permission to participate in this program.

**This permission also constitutes release of liability on the part of the Borough of
Watchung / Watchung Recreation and Mr. B's Camp and staff/or any of their
employees for any accident, injury or any damage or loss incurred during this
activity or any part of this program. Furthermore, my signature authorizes the camp
staff to act using their best judgment in any emergency requiring medical
attention.**