

**WATCHUNG RECREATION PRESENTS
MR. B'S
SPORTS CAMP**

When: December 28, 2015
Time: Morning Session 9:00 AM to 12:00 PM
Afternoon Session 12:30 PM to 3:30 PM
Where: Valley View Middle School
Who: Any student in 4th through 8th grade
Cost: \$50 per session
\$85 for both sessions

MORNING SESSION

Our morning session will focus on basketball. The campers will be taught the rules and fundamentals of the game through drills, game situations, and actual games. The instruction will focus on numerous skills including, man to man defense, zone defense, ball handling, passing, lay-ups, shooting, screening, how to use a screen, court awareness/spacing, and communication. Additionally, campers will be shown conditioning exercises designed to improve motor skills and athleticism.

AFTERNOON SESSION

Our afternoon session will focus on fun. Campers will spend their time PLAYING a variety of games including volleyball, European handball, rabbit/hunter, dodge football, indoor 3 on 3 football, and more.

Lunch will not be offered but campers can bring food, drinks, and snacks to camp.

CAMPER REGISTRATION

NAME _____ **GRADE** _____

EMERGENCY CONTACT _____

EMAIL _____

(CHECK ONE PLEASE)

MORNING SESSION (\$50) _____

AFTERNOON SESSION (\$50) _____

BOTH (\$85) _____

REGISTRATIONS SHOULD BE MAILED BY DECEMBER 20TH TO GET AN ACCURATE NUMBER OF CAMPERS ATTENDING. PLEASE MAIL REGISTRATIONS TO:

**MATT BUGLOVSKY
202 KINGWOOD LOCKTOWN ROAD
STOCKTON, NJ 08559**

MAKE CHECKS PAYABLE TO WATCHUNG RECREATION

**ANY QUESTIONS REGARDING CAMP SHOULD BE EMAILED TO
MRBSBASEBALLCAMP@YAHOO.COM**

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HEALTH CERTIFICATE STATEMENT: I HEARBY CERTIFY THAT MY SON/DAUGHTER IS IN GOOD PHYSICAL HEALTH AND MAY PARTICIPATE IN ALL CAMP ATHLETIC ACTIVITIES.

X _____

FURTHERMORE, MY SIGNATURE AUTHORIZES THE CAMP STAFF TO ACT USING THEIR BEST JUDGEMENT IN ANY EMERGENCY REQUIRING MEDICAL ATTENTION. I HEARBY RELEASE AND DISCHARGE MR. B'S CAMP AND STAFF FROM AND AGAINST ANY LIABILITY OR CAUSES OF ACTION ARISING OUT OF OR IN CONNECTION WITH PARTICIPATION IN CAMP.