

It's Not Too Late To Get A Flu Shot

Free flu clinic in Somerset on Feb. 2

Have you gotten a flu shot yet? If you haven't, now's the time!

The [Somerset County Department of Health](#) is offering a free flu-vaccination opportunity to Somerset County adults ages 18 and older who have not yet gotten a flu shot this season on **Tuesday, Feb. 2, from 4:15 to 7:15 p.m.** at the Franklin Township Public Library, located at 485 Demott Lane in Somerset.

Anyone who is underinsured or uninsured and cannot make an upcoming clinic can contact the Somerset County Department of Health at (908) 231-7155 for a free flu-shot voucher for use at a local Walgreens store. Supplies of vouchers are limited and will be distributed on a first come, first-served basis.

A flu shot is your best defense against influenza and its possible complications. It is safe and can reduce flu illnesses, doctors' visits and missed work due to the flu. It also can prevent flu-related hospitalizations and deaths. It takes about two weeks for the body to develop an immune response, so the sooner you are vaccinated, the better.

The spread of influenza can be reduced by proper hand washing, covering the mouth and nose when coughing and sneezing and staying home when sick.

For information on flu clinics, contact the Somerset County Department of Health at (908) 231-7155 or HealthDept@co.somerset.nj.us.