## Borough of Watchung Board of Health and the Mayors Wellness Campaign is hosting a

## Sunday, July 30, 2023 from 2pm to 5pm

Firemen's Exempt Hall 31 Mountain Blvd. Watchung, NJ

Instructor: MELISSA PADULSKY, FOUNDER LITTLE HEARTS BIG WORLD

\$40 per person Bring a check with you to class payable to: Little Hearts Big World

**REGISTER ONLINE TODAY!** Space is limited to 24 people. (health providers excluded)

For further information please email Melissa Padulsky at: littleheartsbigworld@verizon.net



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